

Discover Food: Explore, Experience, Engage

Sunday, March 9 from 1 – 4 pm; 4 – 4:30 workshops

Duke Farms, 80 Route 206, Hillsborough, NJ



Welcome from Michael Catania, Executive Director of Duke Farms

– *Keynote Speakers* –

Jim Weaver of Tre Piani Restaurant on Slow Food Movement *and*

Melina Macall, Food Activist

Learn

from our keynote speakers

Experience

local foods

Act

now to change what you eat and where you get it.

- ✓ **Learn** about how you can be proactive about food. **Learn** about Slow Food and why fresh and local is important
- ✓ **Experience** foods from: Lima Farms, Agricola Restaurant, Shibumi Farms, Fulper Farms, Tre Piani Restaurant, Beechtree Farm, VonThun's Country Farm Market, Mallery's Grazin' Meats, Exo Energy Bars, Brick Farm Market, Rawfully Tempting, Dogwood Farms, Foodergies & Food Family Health, Norz Hill Farm & Market, Basil Bandwagon, and Applegate Farms
- ✓ **Engage** and learn from Food & Water Watch, Hunters Helping the Hungry, NJ Farm to School, Hillsborough CAN, NJ Farmers Against Hunger, Learning Through Gardening, Weis Supermarket, Girl Scout Troop 60637
- ✓ **Empower** yourself to be more in control of your food sources

Sponsored by BoroGreen, Duke Farms, Sustainable Montgomery, and Sustainable Jersey

Registration \$10 <http://www.eventbrite.com/e/discover-food-tickets-10444412519>

Maximum capacity of the Coach Barn is up to 100 participants. Tickets are limited.
Non-perishable, healthy food donations for the local food banks are welcome!