

CPR/AED/First Aid

Training and Certification Course

When: 2 classes to choose from, either complete the course in 2 Tuesday evenings or on 1 Sunday afternoon!!

Tuesdays, April 14th 6:30-9:30 and April 21st 7:00-9:00

Sunday, April 19th 3:00-8:00pm

Who: all adults and girls ages 13 and up (girls aged 13-15 will get a certificate that can be used for babysitting and other activities, ages 16+ will get the official Heartsaver certificate)

How much: \$40 per person!!!

Where: Good Question ☺! Location is being determined but will be in Hillsborough. We will notify you via email at least 2 weeks prior to the course.

How do I register: go to <http://www.jotform.us/Laura7313/GS72CPR> fill out the registration form, then mail a check made out to GS Service Unit 72 to Laura Schneider, First Aid/CPR, 24 Fox Chase Run, Hillsborough, NJ 08844

What else should I know: Please be sure that each person attending the course fill out a separate registration form, otherwise we will not have a Certificate for that person. You may pay for more than one person in a single check but please be sure to include a list of all those that are included in that check. Deadline to register is March 15th!, but Space is limited so please register early!!

I have a question: you may read below for more info on the course or contact Laura at laura7313@gmail.com.

Who this course is for: *General Public including, professional in therapy, training, or anyone needs basic CPR certification. Heartsaver® First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use.*

Course Content: *Key changes reflecting the new science from the 2010 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*

- Adult CPR and AED use
- Environmental emergencies
- First aid basics
- Injury emergencies
- Medical emergencies
- Optional modules in child CPR and AED use and infant CPR
- Optional written test

A Heartsaver® card valid for two years will result in successful completion of this course.